



PRESCRIPTION

A Singapore Nurses' Christian Fellowship Newsletter

MCI (P) 061/08/2022 January - April 2023



Thanksgiving 2022 "Be Thou my Vision"

Speaker: Mr Raymond Choo, SNCF Legal Advisor

Good evening, everybody.

It is a privilege and honour to share God's Word this evening. First, I want to thank the SNCF President Alice Phua, Committee members and many others for organizing this evening's Thanksgiving Celebration. Without your contributions and hard work, tonight would not have been possible.

I was twelve when I first started wearing glasses. When I did so, everything became crystal clear. But anybody wearing glasses will tell you it is a hassle because you must clean them. Also, you have to go for regular eyesight checks and change your glasses. If you fail to change your prescription, you may find small print harder to read, distant objects blurry and other difficulties.

As believers, to mature spiritually, it is essential to develop a disciplined life. Just as we go to the optometrist for regular check-ups, we must recalibrate our spiritual journey to ensure that we align with God with a clear vision to see His purpose and will for our lives. In other words, we have to go back to basics. My sharing is entitled "Be Thou My Vision", and I have selected from Matthew 2:1 – 15 for our reflection this evening. I have just 3 points to share with all of us.

My first point is "Enthroned the Son of God".

The wise men, also known as "Magi" asked King Herod where Jesus was born in Judea, and Herod and all with him in Jerusalem were troubled (Matthew 2:1-2). Although Scripture does not tell us why King Herod was disturbed, we could surmise that if there were a Messiah, would threaten Herod's throne. The religious and political leaders were equally worried as they may have colluded with Herod, and Jesus' arrival may endanger their positions of power and influence.

Herod, appointed king under Rome's authority, wanted to know Jesus' whereabouts but had no desire to worship the Messiah. He was troubled that the newborn babe would replace his tenure as king on the throne. Because of his insecurity, King Herod ordered all the male children in the vicinity of Bethlehem who were two years old or under to be executed (Matthew 2:16).

Although Herod was the king, he was not interested in the welfare of the people. He only cared about his interest and was motivated for himself. His carnal self was ruling his heart, and he worshipped only himself.

SNCF MOTTO	One in Christ	SNCF MISSION STATEMENT	SNCF seeks to bring Jesus Christ to nurses, equipping and helping them find meaning and purpose in their work.
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Once, my wife and I were invited to our friends' house blessing. It was beautifully done up by an interior designer. The hosts showed us the living room, bedrooms, washroom, and servant's quarters. But they did not show us the storeroom because it contained the mess and unpresentable things. Unfortunately, that is where we keep Jesus in our lives!

We may have come to faith many years ago, but after some time, Jesus is crowded out and no longer the centrality of our lives. We park him at a corner of our lives, and after service, we leave him back in the storeroom. It is easy to proclaim Jesus as Lord. But in reality, is he truly Lord in our lives? Unless Jesus is the Lord of all, he is not Lord at all. Therefore, we must enthrone Jesus in our hearts.

My second point is "Embrace the Word of God".

We should embrace Scripture because it is God-breathed and useful for teaching, rebuking, correcting and training us in righteousness (2 Timothy 3:16). The Bible reveals God's will for each of us. The Holy Spirit inspired over 40 authors from different walks of life to pen the books in the Bible. The Bible contains answers to resolving many of the world's socio-economic and geo-political challenges and issues, etc

An example of this is the intrinsic value of human life. In Scripture, we read that God created humanity in His image (Genesis 1:27). This means that humanity is imbued with many positive attributes, abilities and aspects. Even if marred by sin, illness, ailment, age or disability, humanity bears God's image and must be treated with dignity and respect.

Even before we are formed in our mothers' wombs, God knows our unformed substance and the days of our lives (Psalm 139:13, 16). Our birth is the divine and creative work of our Almighty God.

When I first became a Christian, my girlfriend got me a Bible to grow in God's Word. She constantly reminded me to abide by the Word in my heart and apply it in my attitude and actions in each aspect and every moment. So, the question is, do we spend time reading and reflecting upon the Word of God? The Word of God guides us in all circumstances. To have a clear vision and walk in the light, we must embrace the Word of God in our lives.

My final point is "Enfolded in the Spirit of God".

An angel of the Lord appeared to Joseph in a dream and instructed him to flee with Mary and Jesus to Egypt (Matthew 2:13). Scripture does not record for us what were Joseph's reactions. However, we know that he obeyed the angel.

Because of Joseph's obedience, Jesus escaped the massacre, and we can celebrate Christmas. God also spoke to Joseph on separate occasions. Once, the angel of the Lord Gabriel revealed to Joseph that Mary would be with child, and he was to name him Jesus. (Matthew 1:20 – 25). Another occasion was the angel of the Lord revealed to Joseph Herod had died and that it was safe to return to Israel (Matthew 2:19-23).

In each of these instances, Joseph obeyed God's directives. Joseph did not object to or question God's wisdom. Indeed, even after the magi worshipped Jesus and presented the gifts, Joseph did not question God's instruction to flee to a new destination abruptly. Therefore, to be enfolded in the Spirit of God means to walk in the Spirit of God continually.

That is why the Apostle Paul exhorts the Ephesian believers to be filled with the Spirit (Ephesians 5:18). The late preacher John Stott also observed, "It would be impossible to be a Christian, let alone to live and grow as a Christian, without the ministry of the gracious Spirit of God. All we have and are as Christians we owe to him." Therefore, we should all live a Spirit-filled life and be obedient to the instruction and directives of God.

In 1914 the US congress convened a hearing to investigate a maritime tragedy involving the naval ship Nantucket and steamship Monroe. Sadly, 41 sailors perished in the accident. During the hearing, it was revealed that Monroe's captain had never calibrated his steering compass. Despite knowing the compass was flawed, the captain felt it was no big deal because it was still sufficient to man and run the ship. Unfortunately, there was such thick fog on the night of the accident that visibility was severely reduced. As a result, it was hazardous to travel on the seas. The sailors could see nothing and had to rely on their instruments, including the flawed compass, to navigate.

The Christmas period is also known as "Advent", derived from the Latin word "Adventus". It means "arrival and coming". Advent is as much about Jesus' arrival as it is also about His second coming. As our Saviour is returning, as believers, we must regularly check and, if misaligned, re-calibrate our lives in accordance with God's will and purposes. When we enthrone the Son of God, embrace the Word of God and are enfolded in the Spirit of God, our vision will truly align with God's vision. Only when we are aligned with God's vision will we clearly see His purpose and live our lives according to His will.

(Extract of message at SNCF Thanksgiving event)

Tea with the President

The first session of “Tea with the President” was held on 4 March 2023 at SNCF work base office at Fairfield Methodist Church.

The meeting was chaired by the incumbent President Alice Phua who used this occasion to acquaint herself with new and pioneer members and share her plans for SNCF over a sumptuous afternoon tea.

The session was attended by 14 members and each took turn to introduce themselves, shared their personal testimony from the time they became Christians, their journey in the nursing profession and joining the SNCF.

There was open dialogue for those in attendance to seek clarification or ask questions. One member shared his desire to reach out to more foreign nurses and introducing them to SNCF. The Committee will look into this piece of work and plan how this could be executed. Praise and thank God for such thoughtfulness and love for others to bring them to know God.

President encouraged members to continue to come up with suggestions and ideas on how we can reach out especially to more Christian nurses in the nursing profession.

Everyone had an enjoyable and relaxing time at this meeting and pray that more nurses could come and join subsequent meetings.

Joy Teow Siang



SNCF Advisors and Executive Committee members 2023



From left to right:

Standing: Ms Foo Yet Li Beatrice (Hon Treasurer), Ms Tan Cheng Gaik Irene, Ms Pan Ning, Ms Kang Kim Hian Serene, Ms Kong Kwai Fong Janet, Ms Chen Xiao Juan (Hon Secretary)

Seated: Mr Raymond Choo Choon Sheng (Legal Advisor), Ms Ng Kim Choo (Advisor), Ms Lim Ee Lee Elizabeth (Advisor), Ms Phua Mui Liang (President), Ms Alice Ong (Advisor), Ms Tan Wee King (Advisor), Ms Choo Peck Hong (Advisor)



IMPORTANT Notice: NCFI has moved to a new Facebook Address!

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Follow us now at www.facebook.com/ncfi.media



Training Course Title **Foundations of Faith Community Nursing**

Course Description

Faith Community Nursing (FCN) is a recognized professional nursing specialty. This course places emphasis on professional nursing as a health ministry. Previously referred to as Parish Nursing, the FCN curriculum helps prepare the Christian nurse to minister within the local congregation and the broader community.

The **Foundations of FCN** prepares the nurse to serve in this specialized ministry and reflects the following learning outcome:

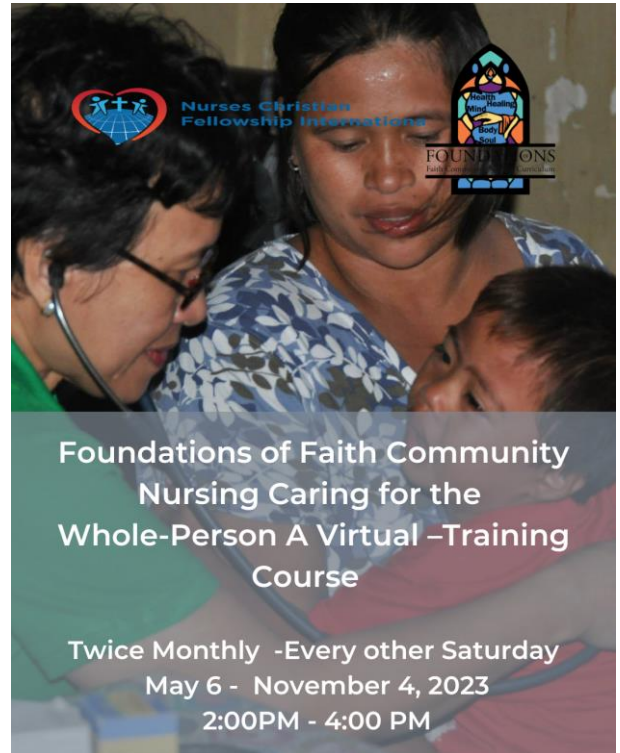
1. Integrate in the faith community nursing practice the core concepts of spiritual formation, professionalism, shalom as health and wholeness, and community, incorporating culture and diversity.
2. Demonstrate competence and confidence in various ways of thinking, knowing, and analyzing such as the application of the nursing process of assessment, planning, implementation, and evaluation with emphasis on theological perspective.
3. Develop skills in advocating, leading, and collaborating through a partnership between faith community nurses, other professionals, individuals, families, congregations, and other faith-based communities.
4. Integrate the practice of faith with the practice of nursing so that people can achieve wholeness in, with, and through the community of faith in which faith community nurses serve.

The presentation of each module needs to be enriched through the use of small group discussions or sharing, experiential exercises (individually or in groups), and other teaching strategies.

Pre-requisite for the Foundations of FCN Training Course

- Recommendation from the NCF if they are member.
- Recommendation from the church/organization/agency for non-member.

For more information on the course, please refer to <https://ncfi.org/courses/faith-community-nursing/>



ANNOUNCEMENTS

SNCF Saline Process Witness Training

Date: Saturday 17 & 24 June 2023

Time: 9am to 4pm

Place: room 201, Fairfield Methodist Church

Fee: S\$25 per person

Please whatsapp @91370972 to register or make enquiry.

Tea with the President

Date: Saturday 1 July 2023

Time: 3.30pm to 5pm

Place: room 201, Fairfield Methodist Church

Please whatsapp @91370972 to register or make enquiry.

SNCF Post READY TO JUMP (RTJ) Support Group

DATE: Monthly

TIME: 9.30am to 11am Via Zoom

Please whatsapp Ms Janet Kong Hp: 93925800 to register or make enquiry.



MONTHLY PRAYER MEETINGS

CENTRAL and EASTERN REGION (held on Zoom and onsite)

Date: First Monday of Every Month

Time: 6.30pm Fellowship and Light meal

7.30pm Worship and Prayer

Venue: workbase @ Fairfield Methodist Church

Zoom invitation link will be sent closer to the date.

WESTERN REGION

Date: 1st Tuesday of Every Month

Time : 7.30pm

Venue : Blk 106, Bukit Batok Central, #04-221, (S650106)

St. LUKE's HOSPITAL FELLOWSHIP MEETING

Date: Every Wednesday

Time: 1pm to 1.30pm

Venue: SLH Chapel

KHOO TECK PUAT FELLOWSHIP MEETING (Salt & Light)

Ceased w.e.f. February 2023 till further notice.

SNCF CONTACT DETAILS

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Work-base Address

Fairfield Methodist Church

Rm 201, 1 Tanjong Pagar Rd,

Singapore 088437

FOR CONTRIBUTIONS to SNCF

1. CHEQUE

Pay to "Singapore Nurses
Christian Fellowship"

Write your **full name, phone
number and payment purpose** on
reverse side of the cheque.

Post to: **Toa Payoh Central,**

PO Box 468, Singapore 913116

2. INTERNET BANKING*

Enter DBS Current Account No.

033-022161-4. Please forward
message of transaction to 91370972

3. PAYNOW*

Enter UEN **S60SS0018F** or scan QR
code with your mobile banking app



*Please enter your **full name**
<space> **phone number** <space>
purpose in the Reference field.
E.g. Lee Li Li 98765432 Mbr

Abbreviations may be used:

Mbr (Membership)

GF (General Fund)

SF (Sinking Fund)

SNCF Editorial Team

Ms Tan Wee King

Ms Ng Kim Choo

Ms Janet Kong Kwai Fong

Ms Chia Mui Sim

Ms Lee Swee Heng

IMPORTANT NOTICE :

Please send a message to SNCF HP no 9137 0972 for an appointment if coming to SNCF office.